



Your
**HEALTH
UPDATE**

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Each year, more than **13,200** women are diagnosed with invasive cervical cancer (cancer that has spread from the surface of the cervix to tissue deeper in the cervix or to other body parts) and more than **4,200** die from the disease.

The good news is that the disease is preventable with vaccination and appropriate screening.

Long-lasting infection with certain **types of human papillomavirus (HPV)** is the main cause of cervical cancer.

HPV is a common virus that is passed from one person to another during sex. At least half of sexually active people will have HPV at some point in their lives, but few women will get cervical cancer.

Screening tests (Pap test) and the HPV vaccine can help prevent cervical cancer. When cervical cancer is found early, it is highly treatable and associated with long survival and good quality of life.

WHAT ARE THE RISK FACTORS FOR CERVICAL CANCER?

Almost all **cervical cancers are caused by human papillomavirus (HPV)**, a common virus that can be passed from one person to another during sex. There are many types of HPV. [Read More](#)

WHAT CAN YOU DO TO REDUCE YOUR RISK OF CERVICAL CANCER?

The most important thing you can do to help prevent cervical cancer is to have regular screening tests starting at age 21. **Two screening tests** can help prevent cervical cancer or find it early. [Read More](#)

WHAT ARE THE SYMPTOMS OF CERVICAL CANCER?

Early on, cervical cancer may not cause signs and symptoms. Advanced cervical cancer may cause bleeding or discharge from the vagina that is not normal for you, such as bleeding after sex. [Read More](#)

Source: Centers for Disease Control and Prevention. CDC.

[Ten Things to Know About HPV and Cervical Cancer \(Download\)](#)

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