

FEBRUARY 2021



# Your HEALTH UPDATE

[www.emergencyhospitals.care](http://www.emergencyhospitals.care)



## February is American Heart Month

A time to take charge of your heart health  
as well as the health of those you care

### DID YOU KNOW?

- Heart disease is the leading killer of women in the US.
- Heart disease and stroke cause more deaths among women than all cancers combined
- Heart disease kills one woman about every 80 seconds.

Fortunately, there is hope for changing these numbers. About 80 percent of cardiac and stroke events may be prevented with education and action

As part of American Heart Month, Emergency Hospital Systems joins the **Go Red for Women** initiative organized by the American Heart Association with the aim of raising awareness about cardiovascular disease among women.

**This February, EHS encourages you to learn more about the risks for heart diseases and how to prevent them.**

### **Risk Factors for Heart Disease and Stroke**

Some risk factors you can't do anything about. But others you can treat, manage or control with the help of your healthcare provider. Those you can't change, like your family history, are still important. [Learn More](#)

### **Symptoms of a Heart Attack in Women vs Men**

Heart attack symptoms can differ for men and women, but the most common symptom for both is chest pain. Women might also have non-chest pain symptoms and less obvious warning signs. How do you know if you or a loved one is having a heart attack? [Learn More](#)

### **Symptoms of a Stroke in Women vs Men**

Men and women who have strokes often feel similar symptoms such as face drooping, arm weakness and speech difficulty. Other common signs include problems seeing out of one or both eyes and balance or coordination problems. But some women have symptoms subtle enough to be missed or brushed off. [Learn More](#)

Source: [www.goredforwomen.org](http://www.goredforwomen.org)

[Click here to download a PDF of the signs of heart attack and stroke](#)

## **CARDIOLOGY CENTER SERVICES**

Emergency Hospital Systems (EHS)  
offers high-quality cardiovascular  
services to our community  
at both **Texas Emergency Hospital**  
and **Cleveland Emergency Hospital**

**Texas Emergency Hospital**  
300 East Crocket Street.  
Cleveland, TX 77827

**Cleveland Emergency Hospital**  
1017 S Travis Ave.  
Cleveland, TX 77327

**If you have any concerns  
regarding your heart health,  
contact us today to schedule an  
appointment with one of our  
cardiologists.**

**281-592-5411**

**Our cardiologists are able to treat  
a complete range of outpatient  
heart diseases and conditions  
including afib and other  
arrhythmias.**

**Most often, treatment visits with  
our cardiology staff do not require  
overnight stays. However, if its a  
need to stay, our facilities are  
designed for patient comfort and  
convenience.**

**We can provide a full range of  
cardiac diagnostic tests on an  
outpatient basis and also offer  
long-term heart disease treatment  
and management.**

### **Our state-of-the-art cardiac catheterization lab**



Located at Texas Emergency Hospital in Cleveland, our state-of-the-art Cath Lab provides special imaging equipment used to visualize the arteries and veins of the heart and extremities to treat any abnormality within the human body.

Cath Lab Diagnostic testing is specially useful for patients with family history of heart problems, patients with chest pains, patients with shortness of breath, patients that have failed stress testing, and patients with abnormal heart rhythms.

[Learn More](#)

## Our Locations



Texas Emergency Hospital  
300 E. Crockett St.  
Cleveland, Tx. 77327



Cleveland Emergency Hospital  
1017 South Travis Eve.  
Cleveland, Tx. 77327



Emergency Hospital Systems-  
Deerbrook  
8901 FM 1960 Bypass Rd. W.  
Suite 105  
Humble, Tx 77338



Emergency Hospital Systems-  
The Woodlands  
20225 Interstate 45 N.  
Spring, Tx 77386



Emergency Hospital Systems- Porter  
24540 FM 1314  
Porter, TX 77365



Emergency Hospital Systems LLC